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EDITORIAL

On the beginning of this issue, we would like to share with you a change in our editorial board. We take this opportunity to thank Hilde Vlaeminck for her contributions as a member of the editorial board.

The first article of this issue is a contribution by Douwes, Evenboer, Krediet and Metselaar. In this research-based article the authors present a review of existing knowledge regarding the effectiveness of mental health and wellbeing programmes targeting young adults within educational settings in Europe. The authors present some implications for both practice and research.

The second contribution is written by Gootjes and Claassens. This theory- and policy-based article is a critical reflection on the concept of autonomy and self-direction from a perspective of social freedom as expressed in the recognition philosophy of Honneth. This reflection is applied to the concept of recovery and family caregivers' participation policy in mental health care. The authors conclude, with Honneth, that recognition of others and by others is the basis for our own autonomous identity and deserves more attention.

The third contribution is by Boersma, Bucx and Keuzenkamp. In this research-based article the authors analyzed the effects, especially among Orthodox-Christian pupils, of a Dutch teaching method on sexual diversity. The study shows among others a decrease in stereotyping but no

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increase in empathy in the experimental group and shows that encounters such as guest speakers appearance and authentic story do have a greater effect when there is little familiarity, knowledge or room for discussion regarding sexual diversity in the pupils immediate surroundings.

The final article is a contribution due to Klaase. In this practice-based contribution, the author argues that social workers also need an eye on the limited amount of opportunities individuals with whom they work actually get or have gotten in their life, in spite of the ideology of equal opportunities for everybody. Also he proposes, on the essence of the concept 'lack of impulse regulation', how social workers could promote social justice by means of their own way of working with clients. In that (indirect) way it will contribute to a more just society.

Our next issue will be published in December and will include Book Reviews and contributions in "Innovations in Social Practice and Education".

Toby Witte, editor-in-chief

Eline Ossevoort, interim managing editor