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EDITORIAL

In 2018, the *Journal of Social Intervention: Theory and Practice* adopted a new publication frequency in order to increase contact with our readers and provide them with relevant information on social interventions more often. As a result, we have published two issues containing peer-reviewed articles (in February and July), and three issues dedicated to the Book Review and Innovations in Social Practice and Education articles (in March, May and September). We are now delighted to publish our third peer-reviewed issue of this year.

We open this issue with a contribution by Dries de Moor and Maaïke Hermsen, both of whom work at the Research Centre for Social Support and Community Care of HAN University of Applied Sciences, Nijmegen. Our previous issue (2018/4) contained a practice-based article on the ideals behind “De Boerderij”, an innovative residential facility for people with complex needs, and the tensions that occur while realizing these ideals. Our current issue presents a theory-oriented contribution on care farms and the potential for achieving happiness at such care farms in the Netherlands. Using Dijksterhuis’ theory on the components of happiness as a conceptual framework, the authors present a literature study on the qualities and values of care farms and features of “good and happy life” at Dutch care farms. The study is illustrated with three descriptions from contemporary practice.

The second contribution is from Anja Machielse, Wander van der Vaart and Pien Bos, all of whom work at the University of Humanistic Studies in Utrecht. The authors report on an experiment

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involving opportunities for older people to increase the social quality of their residential complexes. The study aims to shed light on the contribution of seniors to improving social quality in the housing complex where they live, in terms of social participation and social solidarity. The results of the research demonstrate that social quality does not occur spontaneously and that the self-organizing abilities of the residents have limits. Although many residents express an interest in activities and social interaction within the housing complex, most of them do not feel capable of organizing such activities themselves. Professionals are needed to both kick-start and continue these processes.

The third article is by Gaby Jacobs and Bienke Janssen, who work at Fontys University of Applied Sciences. In their theory-oriented contribution, the authors provide a critical reflection on the concept of self-management for clients within healthcare, which has become more widespread over the past few years. From a neo-liberal market perspective, the focus of self-management is on the controllability of life and health. However, the authors argue that this does not do justice to the vulnerability that people and patients experience and their need for respect, recognition and treatment as human beings. Secondly, from a bureaucratic and organizational approach, the controllability of organizations in terms of goals and costs is central. This leads to a fragmentation of care, and leaves patients with the task of managing both themselves and their care. Furthermore, bureaucracy conflicts with professional autonomy, turning care professionals into enforcers of rules and procedures. In the article, the authors describe the meaning and potential of a person-centred practice as a way of overcoming these issues.

The final article in this edition is a contribution to the Students' Work section. Over the past few years, winners of the HU University of Applied Sciences Utrecht best article award have been offered the opportunity to publish their articles in the Students' Work section. The papers that appear in this section have not been peer-reviewed. Rather, they are published in consultation with the editor-in-chief and the managing editor, and students have the opportunity to make amendments before finalizing their article for publication. The student publication in this edition is by Charlotte Lina, who completed a Bachelor's programme in social work at HU University of Applied Sciences Utrecht and subsequently obtained a Master's degree in *Digital Innovation in Care and Welfare* at NHL University of Applied Sciences. Her winning article focuses on the emergence of wearable technology in mental healthcare and its potential for improving healthcare.

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Our next and final 2018 issue will be published in December and will include Book Reviews and an “Innovations in Social Practice and Education” article.

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